

SUPPORTING ADULTS WHO HAVE FRAGILE X SYNDROME

Dr Marcia Braden PhD psychologist and Fragile X specialist on practical strategies for providing quality supports

Understanding Fragile X

Build core knowledge on:

- o What affects daily living skills
- o Fragile X learning style
- o Key behaviour management supports
- o Anxiety and hyperarousal
- o Independence
- o Ageing
- o Supportive environments

Practical tips and strategies for a range

of settings:

- o At home
- o In supported accommodation
- o In a workplace
- o In the community.

Dr Jonathan Cohen, medical director of **Fragile X Alliance**, will address health perspectives for adults who have Fragile X syndrome.

Key learning for:

Support and service providers: anyone providing or overseeing support and service delivery, including frontline workers, frontline managers, service delivery managers, team leaders, clinical leads and clinical staff, and support coordinators.

Family members supporting an adult who has Fragile X

Includes Panel Discussion and Q&A

More information: 1300 394 646 or www.fragilex.org.au

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\$15 Student

