



Community
Southwest



Fragile X Syndrome Workshop for Families, Carers and Professionals

- ◆ Delivered by the Fragile X Alliance clinic from Melbourne
- ◆ Learn practical advice from five medical and allied health specialists
- ◆ Identify appropriate programs and activities based on specialist advice
- ◆ Identify processes to improve diagnosis of Fragile X Syndrome
- ◆ Develop an understanding of the potential achievements of individuals with Fragile X
- ◆ Engage with the Fragile X Association of Australia

South West Victoria Fragile X Syndrome Workshop Improving support and care for individuals

Date: Friday 29 November 2019
Time: 8.30am – 4.00pm
Venue: Camperdown Football Netball Club
15 Adeney Street
Camperdown
Attendance: Families, Carers, Support Workers & Health Professionals
Contact: Richard Zerbe
Ph: 0448 505 885
Email: executiveofficer@communitysouthwest.com

Presenters:

Dr Jonathan Cohen



Dr Jonathan Cohen MD is a parent and medical practitioner in private practice in Melbourne, Australia. He holds a Postgraduate Masters Degree in Family Medicine and is Adjunct Senior Research Fellow with the Centre for Developmental Disability Health Victoria, Monash University Department of General Practice.

Dr Cohen is the Medical Director for the Fragile X Alliance Clinic and for Genetic Clinics Australia who offer pre-conception and early pregnancy genetic testing and counselling. He is involved with numerous research projects, author of multiple articles for medical, allied health journals and the lay press and presents regularly throughout Australasia on Fragile X syndrome.

Rashelle Cohen



Rashelle Cohen BSc Optometry is a parent and neurodevelopmental optometrist in private practice at the Caulfield Family Medical Practice in Melbourne. She has been in practice for over 30 years with vast experience including clinical tutoring at the Victorian College of Optometry and clinician at the Low Vision Institute.

Rashelle is very active in the area of paediatric optometry and vision therapy, working with children and adults with learning disabilities. She also has great experience as a music educator. She is the clinical optometrist for the Fragile X Alliance Clinic in Melbourne and involved with current research in the area. She has gained a wealth of experience both as a parent and also having seen many families with Fragile X syndrome. Rashelle shares her knowledge by presenting widely to optometric, early intervention, educational, medical, allied health and parent groups Australia wide.

Astra King



Astra King is a registered clinical psychologist with extensive experience in the area of neurodevelopmental disorders. She has recently completed a Masters in clinical psychology, with the thesis examining AD/HD within a Fragile X Syndrome sample. She has a background in disability services with interest in the area of intellectual disability, autism and related disorders.

Astra has special interest in the areas of AD/HD and associated conditions, together with autistic spectrum disorders such as Asperger's Syndrome, working with children, adolescents and adults providing individual and group therapy alternatives. For a number of years Astra has been working as a consultant clinical psychologist for Silvan Lodge Clinic, specialising in neuro-developmental disorders and at Fragile X Alliance.

Beverley Kadish



Beverley Kadish is a paediatric occupational therapist, who has worked in developmental clinics, hospitals, special developmental schools, community centres and currently works in private practice. She is trained in Sensory Integration Therapy and has a special interest in sensory processing disorders, helping children and their families to cope with daily life.

Beverley is also trained in Neurodevelopmental Therapy and has extensive experience working with developmentally delayed children. Other areas of interest include ADD/ADHD, cerebral palsy, learning disabilities, Fragile X and Autistic Spectrum Disorders. She is a consultant and therapist at camps for children with special needs.

Beverley Sher



Beverley Sher is a Speech and Language Pathologist and qualified Drama teacher. She has extensive experience both children and adults and leads a large private practice in Melbourne. She uses drama in her therapy across all ages which is especially useful with pragmatic disorders and social skills training.

Beverley has had a special interest in social skills for which she runs training groups. She has presented at Fragile X conferences and workshops throughout Australia, New Zealand and the USA and has played a leading role with the Fragile X Clinic for over 20 years.

South West Victoria Fragile X Syndrome Workshop

Camperdown Football Netball Club – 15 Adeney Street, Camperdown

Friday 29th November 2019

- 8.30 am** **Registration & Coffee**
- 9.00 am** **Workshop Commences – Introduction**
- 9.05 am** **Overview of Fragile X Syndrome**
Dr Jonathan Cohen, Medical Director, Fragile X Alliance Clinic
- 9.35 am** **Behavioural Issues – The 4 A's: Arousal, Anxiety, Attention & Autism**
Astra King, Clinical Psychologist, Fragile X Alliance Clinic
- 10.15 am** **Question Time**
- 10.30 am** **Morning Tea Break**
- 11.00 am** **Speech and Language Interventions**
Bev Sher, Speech and Language Therapist, Fragile X Alliance Clinic
- 11.40 am** **Occupational Therapy**
Beverley Kadish, Occupational Therapist, Fragile X Alliance Clinic
- 12.20 pm** **A Young Adult's Perspective**
Michael Cohen
- 12.30 pm** **Panel and Question Time**
- 1.00 pm** **Lunch**
- 2.00 pm** **Medications and Behavioural Issues**
Dr Jonathan Cohen, Medical Director, Fragile X Alliance Clinic
- 2.40 pm** **Visual Issues**
Rashelle Cohen, Behavioural Optometrist, Fragile X Alliance Clinic
- 3.20 pm** **Panel and Question Time**
- 4.00 pm** **Workshop Concludes**

Join the specialists from the Fragile X Alliance clinic for a very engaging and compelling workshop, which provides a lasting impact for all attendees.

Morning Tea and Lunch provided.

Tea and Coffee available all day



All information contained in this flyer is correct at the time of sending, but may be subject to change.

Bookings:

**Yes! Please register me for Fragile X Syndrome Workshop
Community Southwest Inc. ABN 11 621 726 202**

Tax Invoice/Registration Details:

Name/s & Position/s: _____

Organisation: _____

Email: _____

Telephone: _____ **Mobile:** _____

Individuals with Fragile X Syndrome:	No Charge
Carers and Families:	\$30.00 per person
Support Workers and Health Professionals:	\$125.00 per person

I enclose payment of \$_____ for _____ people. Payment details as follows:

Yes, please register me for (complete the following details)

DATE	VENUE	NO. OF PEOPLE
Friday 29 November 2019	Camperdown Football Netball Club 15 Adeney Street Camperdown	

Direct Credit to - Account Name: Community South West BSB Number: 803 073
Account Number: 100022438 (Please include first Initial & Surname in Account Description)

OR Cheque payable to: Community Southwest

OR Charge my Credit Card: ☐ Master Card ☐ VISA

Card # _____ **Expiry** ____/____/____

Cardholder Name _____

Signature _____ **Date** ____/____/____

Email, fax or mail your completed details with payment to:
executiveofficer@communitysouthwest.com or Fax 03 5561 8805 or
Mail to Community Southwest Inc, 210 Timor Street, Warrnambool 3280